Absentee Line 46604366 available 24 hours a day, 7 days a week

Remember to call in anytime to explain your child or children’s absences. We all know that at times, it is difficult to find time to call, or written messages can be lost or misplaced, so letters are sent home to ensure that we have no unexplained absences for your children.

Grandparents’ Day Thanks

We would like to sincerely thank all those grandparents and special older family members or friends who came along to our Grandparents’ Day yesterday! It was delightful to watch the children enjoy having these very special people in their lives attend our school and join in our weekly assembly.

Rodeo Demonstration success

Students and staff thoroughly enjoyed the demonstration of rodeo and camp draft skills from Blake Weier and his family. It really helps to make the students value the hard work and practice it takes to participate in the annual rodeo and camp draft.

Rodeo Parade thanks

Over 30 students, parents and staff marched in the Rose & Rodeo Parade on Saturday. The flags which Mrs Adele Mackinnon made for us were very bright and colourful as the wind caught them while we walked along the street. We would like to sincerely thank the families who supported the parade, given that Warwick Rodeo weekend in such a busy time of the year!

PACE Community Engagement Day Saturday, November 2 at 1pm

We hope to see everyone from our school community at this fun-filled day on Saturday, with proceeds going to our P&C Association. Our skippers and choir are performing, and the television show “Move It Mob Style” will be in attendance. Students and family members who join in with this group may find themselves on You Tube! Fame beckons! At only $5 per person, it is great value for money! There will be a range of activities from basket weaving to rock wall climbing and a jumping castle! A sausage sizzle, drinks, snow cones and popcorn will be available!

Principal’s Prattle EVERY week at 9:30am, Monday, in Library

Next Monday will be very interesting as we explore our learning styles and Multiple Intelligence strengths. Many teachers use this knowledge of their students to specially tailor learning to suit the particular learning styles. Please come along!

Insights Article this week

This week’s article is about helping children deal with rejection. Learning to handle disappointments, setbacks, and being resilient in the face of these difficulties is very important. One very good saying revolves around the thought that we often learn more from our setbacks than we do from our successes. Life is full of ups and downs and we often grow most when we face challenges we perceive as impossible or devastating. We need to teach our children about this, and help them grow and learn resilience. Enjoy!

Puzzle of the Week

This term’s word puzzles are called “Word Ends!” The middle of a word is given, and you have to guess what the missing letters are. The first and last letters are the same in the following word: _umm_. What is the word?

Solution to last week’s word: _regan_ was “oregano.”

Joke of the Week

What is taken before you get it?

Your picture!

Thought for the Week:

“The future belongs to those who believe in the beauty of their dreams.”

“Life has no remote! Get up and change it yourself!!”

“Grandparents are a delightful blend of laughter, caring, wonderful deeds, stories, and love!”

Have a great week!
Music Count Us In 2013
Every single student at Warwick Central is participating in the “Music Count Us In 2013”. This is the fourth year we have taken part. We along with 100 000 other students all across Australia will be singing the same song at the same time. This year's song is “Keep On.” Ask the kids to sing it to you at home! They love it! If you would like to watch we will be singing it at 11.30 am in the Parade area on Thursday 31st of October (this week).

CHAPPY CHAT
As I have mentioned previously “values” are very important and in many respects, help to steer and guide us and our children through life. However, there are other things also important. High on my list would be the “strength of the relationship”. We parent, not because we want to be seen to be good parents by others, but because it has a higher purpose. Hopefully the job we do will set our children up for a functional adulthood where they can love, work and enjoy other pursuits. The loving and nurturing we do can also become the launch pad from which a healthy and mature relationship can develop between us and our children.

As our children enter the pre-teen years (around 11 and 12), and especially during the teen years, the strength of our relationship and our ability to influence and guide becomes really, really important. Just as our children are entering a time of transition from primary school to high school, so we too as parents are entering a time of transition. No longer can we rely solely on directing their behaviour by the strength of our authority or through the use of power, force, yelling and punishment. That may work for a while, but will usually lead to relationship strain if not outright rebellion!

Setting clear limits and boundaries is still very important despite the fact that our children may resist and test our resolve from time to time. In some areas you may be able to be more flexible or increase the child's level of input into decisions that affect them, but there will still be some “non-negotiables” such as being where they should be (e.g. at school, not waggng), doing homework, completing household chores, cleaning up after themselves and communicating respectfully not rudely. Try and cut down the level of resistance by avoiding nagging and use natural consequences as much as possible. Yes, you will need patience! This can be a scary, frustrating and bewildering time for parents, but don't give up. Be reasonable and keep the communication channels open. Enjoy your emerging young people with their increased wit and creative ideas. You might find you have an intelligent, independent thinker who can hopefully withstand some of the negative peer pressure that comes their way. God bless you this week!

Donna Angell

Instrumental Music – New Students interested in playing a string instrument
There are school string instruments available for use next year. String instrument lessons begin at school for students who are in Year 3 in 2014. Interested students can be in Year's 3 – 7. If you are interested in learning violin, viola, cello or double bass see me at school on Wednesday between 11.15 a.m. and 3.15 p.m. I will complete an instrument selection form and measure the student for instrument size. There is a school instrument hire fee and a contribution amount for the instrumental music library. An instrument loan form is required to be completed. The cut-off date for interested students is 1st November or the end of week 4 of the term. If for some reason a student or parent is unable to see me at school or wish further information please contact me at home on 4661 5585 or 0416 868 542.

Michael Spiller – Instrumental Music Teacher

Combined Schools Concert
The combined schools concert is taking place again this year. It will take place at Warwick West State School Auditorium on Monday 11th November. The starting time for the concert is 6.30 p.m. Students are required to be at West School at 6.00 p.m. for tuning and preparation. This concert will not go beyond 8.30 p.m. The Band and Senior Strings will be performing at this event. There will be no ticket sales this year but a gold coin donation at the door. Please support this once a year event. Michael Spiller

TUCKSHOP VOLUNTEERS URGENTLY REQUIRED
Parents we need volunteers willing to do tuckshop on Fridays. If you are free on Friday mornings please consider offering your time to provide tuckshop for our students. Thanking you in anticipation of your support. Please call the office on 4660433 and leave your name.

Warwick Thistle Pipe Band Ceilidh Saturday 30th November 4pm at Warwick Senior Citizens Hall Albert Street.

A note has been sent home regarding the above performances please watch we will be singing it at 11.30 am in the Parade area on Thursday 31st of October (this week).

CHORAL SOCIETY MUSICAL SATURDAY 9TH NOVEMBER
Warwick Central School Auditorium at 7.30pm.

New Students interested in playing a string instrument
Please call the office on 4660 433 and leave your name.

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Helping kids deal with rejection

A bit of rejection and disappointment is good for kids, as long as they learn how to cope with it....... 

One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection.

Most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Paradoxically, children’s experience of rejection and disappointment at school is good for them, as long as it’s balanced with successful experiences too. They learn that they can cope and solve problems in their own way and that bad experiences don’t last forever.

And they learn that sadness and disappointment can be managed too, which is an important lesson to learn to take into adolescence and beyond, when life is full of ups and downs.

Helping them move on

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally, blaming themselves. As a parent it is useful to challenge children’s unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children’s confidence levels to help them get through the rough times.

One way to help children deal with rejection and disappointment is to talk through problems or difficulties, recognising and accepting their feelings. Talk about various scenarios, discussing possible outcomes. The age of your child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn’t understand.

Your attitude as a parent can make a huge difference to how a child reacts. If you see rejection or disappointments as problems then your child will be hamstrung by this view. See them as challenges then your child, in all likelihood, will pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

To help children handle rejection and disappointment try the following four strategies:

1. Model optimism. Watch how you present the world to children, as they will pick up your view.

2. Tell children how you handle disappointment and rejection. Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.

3. Help children recognise times in the past when they bounced back from disappointment. Help them recognise those same strategies can be used again.

4. Laugh together. Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do. The stronger the wind the stronger the tree is the notion here.

Supporting kids to handle life’s hurdles helps them to develop a lasting sense of resilience, which is essential for good mental and emotional health.

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CASUAL POSITION VACANT

A casual position exists for a School Crossing Supervisor at this school.

The School Crossing Supervisor may be required to work five days per week in all weather conditions. The hours of work for this position are one hour in the morning and thirty minutes in the afternoon as required.

The successful applicant is dependent on:

- The favourable outcome of a health assessment carried out by a Government Medical Officer or a duly qualified Medical Practitioner according to the guidelines in the “Notes for Medical Practitioner” on the School Crossing Supervisor Scheme – Health Assessment Form; and
- The applicant holding/or applying for a Blue Card issued by the Commission for Children and Young People and Child Guardian

Applications addressing the selection criteria as listed in the position description must be submitted in writing to the school.

Address application to:

  Private and Confidential
  The Principal
  PO Box 217, Warwick  Q  4370

Applications close at 3.00pm on Tuesday 19th November 2013